

Year 9-13 Weightlifting 2021

Dear Parents and Caregivers

Your child maybe interested in Weightlifting

Training:	Tuesday 3.45pm-4.45pm Thursday 3.45pm-4.45pm
Costs:	Price to be confirmed based on numbers (approx. \$200 per term)
Gear Required:	Activewear, flat sports shoes
Venue:	Functional Strength, 7a Piermark Drive
Transportation:	Students will need to make their own way to the facility (5 minute walk)
Commitment Required:	Students will need to commit to the whole term in advance. Ideally students will attend both sessions for maximum benefit, but it is not essential, however, the cost will remain the same regardless of how many sessions you attend.

Please register online through the Pinehurst School website. [Sports Registration | Pinehurst School](#) Entries close Friday 12 February 2021.

Kind regards

Charlie Murray

*College Teacher
Pinehurst School*

Phone: **+64 (0)9 414 0960 EXT 408**

Email: **Charlotte.Murray@pinehurst.school.nz**