

Year 9-13 Weight Lifting 2020

Dear Parents and Caregivers

Your child maybe interested in Weight Lifting Senior (Year 9-13)

- Training:** Tuesday 3.30pm-4.30pm
Thursday 3.30pm-4.30pm
Term 1 Commences Tuesday 11 February 2020
- Costs:** \$25 per term
(Currently subsidised by Kiwisport)
- Gear Required:** College House tops, PE shorts and sports shoes
- Venue:** Functional Strength Crossfit,
7A Piermark Drive, Rosedale
- Transportation:** Students will be need to make their own way to the venue, which is
a short walk from Pinehurst School
- Commitment
Required:** At least one night a week for the duration of the term

Please register online through the Pinehurst School website. If you require assistance with registration please email communications@pinehurst.school.nz **Entries close Friday 7 February 2020.**

Kind regards

Charlie Murray

*College Teacher
Pinehurst School*

Phone: **+64 (0)9 414 0960 EXT 408**

Email: Charlotte.Murray@pinehurst.school.nz